

# County of San Diego

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Base Station Physicians' Committee Michele Grad, M.D., Chairperson c/o Emergency Medical Services 6255 Mission Gorge Road San Diego, CA 92120 (619) 285-6429 Fax: (619) 285-6531

# BASE STATION PHYSICIANS' COMMITTEE MEETING MINUTES Wednesday, June 17, 2014

#### **Present Members**

Dunford, M.D., Jim – City of San Diego
Grad, M.D., Michele – Palomar BHMD
Haynes, M.D., Bruce – County EMS
Kahn, M.D., Chris – UCSD BHMD
Klingensmith, Todd – SD County Paramedics Assoc.
Levine, M.D., Saul – Sharp Memorial BHMD
Meadows-Pitt, R.N., Mary – Sharp Grossmont BHNC
Neison, M.D., Dave – Sharp Grossmont BHMD
Schwartz, M.D., Brad – AMR Medical Director
Smith, D.O., Ryan – Tri-City BHMD
Wang, M.D., Marcus – Scripps Mercy BHMD
Wiesner, M.D., Christopher – Scripps La Jolla
Workman, R.N., Debi – Paramedic Training Programs

DeMers, D.O., Gerard - Navy Medical Center SD

#### **County Staff**

Ameng, R.N., Diane Conte, R.N., Meredith Smith, R.N., Susan Trujillo, Amy (Recorder)

#### In Attendance

Allington, R.N., Linda – Carlsbad Fire Bourdon, R.N., Darlene – Scripps Mercy BHNC Broyles, R.N., Linda – AMR/RCCP Conover, William – Camp Pendleton Fire

#### In Attendance (cont'd)

Dotson, R.N., Melody - UCSD Duffy, Jenny – Escondido/San Marcos Fire Egleston, Clint – Southwestern College Gardiner, Yana - Tri-City Medical Center Graydon, R.N., Cheryl - Palomar Medical Center Healy, R.N., Marla - Sharp Memorial Howard, James - UCSD Idman-Gervais, R.N., Dianne – Sharp Grossmont Jimenez, Marvin - Reach Air Lafree, Andrew - UCSD Maisonet, Scott – USBP BORSTAR Miller, Ben - Mercy Air Osborn, Steve - Rural/Metro Pierce, Jodie - SDFD Rod, Rick - Rural/Metro/SD City EMS Rosenberg, R.N., Linda – Sharp Memorial Saltzstein, Doug – NCTI Saner, Dan - SDFD Scott, Chris – Chula Vista Fire Serra, John – UCSD/Rural/Metro Shinar, M.D., Zack - Sharp Memorial Sullivan, Don – AMR Tomada, Andrea - NMC San Diego Wardi, Gabriel – UCSD Wells, R.N., Christine – Scripps La Jolla BHNC Williams, Amy – Rady Children's Hospital

#### I. CALL TO ORDER/INTRODUCTIONS/ANNOUNCEMENTS

Michele Grad, M.D., called the meeting to order at 11:02 a.m. Attendees introduced themselves.

#### II. APPROVAL OF MINUTES

A motion was made and seconded to approve the minutes from May 20, 2014. Motion carried.

#### III. MEDICAL DIRECTOR'S REPORT (Bruce Haynes, M.D.)

- A. Dr. Haynes reported some drug shortages continue. The most recent is normal saline. A memo from Dr. Haynes dated June 10, 2014 was sent out to the Committee. The memo suggested only hanging an IV bag when fluids are needed. If fluids are necessary in the future or if medications are needed, use a saline lock. It is encouraged to use saline locks and not hang fluids because an IV is being started. Dr. Haynes added that even though in the inventory there are 1000mL and 250mL size bags, other sizes such as 500mL would be acceptable if there is nothing else. The medics should be checking the bags for leakage. Ringer's lactate solution is acceptable as an alternative; just let the hospital know when you arrive. Dr. Haynes also added to call County EMS if you have problems.
- B. The 30<sup>th</sup> Anniversary of the San Diego County Trauma System was celebrated on Friday, June 13, 2014. There were 300 attendees and Dr. David Hoyt and Dr. Brent Eastman both spoke at the event. The Trauma System began on August 1, 1984 and has treated 225,000 patients in its 30 years. A study completed before the trauma system began showed a 21% rate of preventable or potentially preventable death in the trauma patients. Once the system was established that rate quickly dropped to 2-3% and for many years now it has been below 1%. The death rate among the most severely injured patients with ISS scores of 15 or greater have been dropping for 20 years. Over the years there has been a large increase of the number of patients going to the trauma center much faster than the population growth. Most recently there has been a change of the most common type of injury that results in trauma activation and that is falls rather than motor vehicles.
- C. The State has put out proposed revisions to the public safety first aid and CPR regulations; comments are due July 7, 2014.
- D. There are some revised policies that will be taking effect July 1, 2014: P-401 is bringing the policy up to date with the paramedic scope of practice, P-402 is combining prehospital determination of death with the aeromedical determination of death, and P-403 addresses the changes of physician on scene.
- E. The Pulse Point app plans to start mid-July 2014. Jim Dunford, M.D., added that the City of San Diego is working with the County of San Diego to geo locate automated external defibrillators (AED). The hope is that all the AEDs accessible to the public will be geo located by the time the app goes live. Dr. Dunford also added there will be two (2) apps, one for the alert and another app that will be used to geo locate the device and provide a photo. Dr. Dunford will provide more detail to the Committee in July. Gerard Demers, D.O., added that they are attempting to locate each AED on the Navy bases.
- F. Dr. Haynes reported work on the base assessment continues.
- G. The Protocol Revision Task Force will start this summer and consider changes to protocols for next year.
- H. Dr. Haynes also reported Annex D is undergoing revision this summer.

- I. The law enforcement effort of allowing deputies to use naloxone intranasally on suspected opioid overdoses is continuing and they are getting things ready for instruction which should begin in the next few weeks.
- J. During *Sidewalk CPR* held on June 5, 2014, there were 3,100 people taught hands only CPR. Dr. Haynes added CPR delivered during cardiac arrest is a strong indicator of survival.
- K. The POLST document is being revised by a State committee. Dr. Haynes added changes should only be minor and should take effect in October 2014. Dr. Haynes also added the older POLST forms never expire.
- L. Sharp Memorial Hospital received the Lantern Award by the Emergency Nurses Association (ENA). The award will be presented in October at their annual ENA Gala.
- M. Brad Schwartz added that after today's meeting he is going to Alpine to present a certificate to two (2) bystanders that provided compression only CPR and the cardiac arrest survivor. The wife of the cardiac arrest survivor had recently learned compression-only CPR when her husband collapsed.

#### IV. SAN DIEGO HEALTHCARE DISASTER COUNCIL (Linda Rosenberg, R.N.)

- A. There was a violent threat evacuation drill at Scripps Encinitas on June 6, 2014. There is a video pending of the event.
- B. There was a point of dispensing (POD) drill at Qualcomm Stadium on June 5, 2014. The plan is to serve the County's population if ever needed.
- C. This is the time of year for hospitals to internally look at their POD of medications for staff and their family.
- D. September 22-24, 2014 is the California Hospital Association (CHA) Conference in Sacramento, CA.
- E. WebEOC is starting a workshop on July 31, 2014 for those who haven't updated their email address and/or passwords.

# V. SAN DIEGO HEALTH CONNECT (Jim Killeen, M.D.)

No report given.

#### VI. RESUSCITATION OUTCOMES CONSORTIUM (ROC) (Donna Kelly, R.N.)

No report given.

# VII. COMMUNITY PARAMEDICINE REPORT

- A. Diane Ameng, R.N., reported the advisory committee met June 16, 2014. The supplemental applications are still being reviewed before a decision on approving the pilot projects is made. There will be another public comment hearing on July 30, 2014. Following that hearing, it will be reviewed by an administrative law judge (ALJ) and then OSHPD directly will make a decision.
- B. Linda Allington, R.N., added that the ALJ will verify everything is done correctly and then it is given to the OSHPD director to render a decision. The addendum was sent June 16, 2014 and is on the web. The addendum is almost 600 pages and includes an update of all the proposals and some samples from the data

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collection looking at the different programs. The education was also released. Ms. Allington added that they will send their recommendations to Dr. Haynes to forward to the State.

C. Dr. Dunford reported that the San Diego project has hired four (4) Rural/Metro paramedics to function as community paramedics and their training began June 16, 2014. If they cannot do the scope of practice that is in the study then they'll be resource access program paramedics. The City of San Diego's focus is on 911 frequent users. The San Diego program was put on the Innovation Exchange which is through the government's Agency for Healthcare Quality and Research. Dr. Dunford also added San Diego was selected as the second best practice in the country. Dr. Dunford stated San Diego does a lot of community information exchange (CIE).

## VIII. EXTRACORPOREAL RESUSCITATION (Zach Shinar, M.D.)

- A. Dr. Shinar gave a presentation entitled "Resuscitation in San Diego. How Can We Make it Better?" The topics included:
  - Problem
  - JAMA
  - What Should Post-Arrest Care Consist Of?
  - What Could We Do?
  - Our Data
  - Conclusions

Email Dr. Shinar at Zshinar@hotmail.com for any questions/comments.

B. Dr. Dunford presented 2013 C.A.R.E.S Data for the City of San Diego.

### IX. ITEMS FOR FUTURE DISCUSSION

There was nothing to report.

#### X. SET NEXT MEETING (July 15, 2014)/ADJOURNMENT

The next Base Station Physicians' Committee meeting is scheduled for July 15, 2014 in the Sharp Spectrum Auditorium. The meeting was adjourned at 12:12 p.m.